

# THE WAR CRY

Official Organ of The Salvation Army in Southern Africa ~ Registered at the Post Office as a Newspaper ~ R5.00 ~ 130th Year ~ Issue No 5821 ~ April 2013

A crown of thorns, made of dark, sharp, and tangled branches, is centered in the frame. The background is a soft, glowing golden light that fades into a darker, textured brown at the top and bottom, creating a halo effect around the crown.

The simple truth  
of Easter

## From the Editor



Every year I promise myself to be less busy and give more time before Easter to just "take it all in", so I feel one with the people rushing to Jerusalem for the celebrations of Passover. Packing up everything for the trip, checking the to-do lists, making sure I have all I need for the weekend and then it is in the car off to the Easter Venue - phew! How complicated sometimes Easter could be.

I was reminded this year by a friend of mine of the simplicity of Easter again - Jesus chose to be born as a baby and lived his life here on earth with 12 disciples, who he taught all they needed to know to change the world and then he allowed himself to be arrested, abused and killed - simple facts.

Yet, the outcome of this was Jesus permanently defeating of sin itself and the power to live resurrected lives! This year it is time amongst the business of preparations to remember those powerful facts in your life and to share them with your neighbour, the person at the open-air or merely the person sitting next to you in the Corps or church.

This month I have added 2 pages of photos that tell the story of the public welcome of The Disciples of the Cross session. I have also included 2 testimonies about 2 young ladies, one about her experiences in helping those that are suffering and one about her experiences of walking through suffering. How wonderful to know how God has had His hand on both of their lives and by the testimony of their written words, we hope readers will get a clearer understanding of the simplicity of Easter - love willingly suffering so that you and I may live lives that are free from destructive patterns and sin when we allow ourselves to be in a trust relationship with our Saviour.

Much love and blessings

Wendy Clack

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Facebook: Salvation Army Southern Africa Territory  
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## What's Happening

### APRIL

- 1 Family Day
- 8 Booth Memorial Hospital Management Board
- 8-9 FBF (SALT & Evaluation) Western Cape Division
- 11-12 FBF (SALT & Evaluation) Mpumalanga & Swaziland Division
- 11-14 Territorial Youth & Children Leaders Conference
- 26-28 DDWMs' Retreat
- 27 Freedom Day (Public Holiday)
- 28 Candidates Sunday

### MAY

- 1 Workers' Day (Public Holiday)
- 3-4 MASIC
- 4-5 Junior Miss /Young Women's Fellowship Rally (Northern Division)
- 4-7 Eastern KZN Divisional Review (CS, TSWM & Sec Pers/THLS-CCM)

- 5 Mothers' Day
- 6-10 5<sup>th</sup> Year Review
- 18-19 Junior Miss Rally (Central Division)
- 18-19 Boys Camp (Central Division)
- 19 MASIC SUNDAY
- 21-24 Marriage Enrichment Seminar
- 24-26 TPS Synthesis Review
- 24-26 Junior Miss/Young Women's Fellowship Retreat (Mid KZN Division)
- 24-26 Junior Miss /Young Women's Fellowship Rally (Mp & Swaziland Division)
- 25-26 Junior Miss /Young Women's Fellowship Rally (Eastern KZN Division)
- 26 Pentecost
- 26 LAUNCH of OWSOMS
- 31-1 June CCM Training Eastern Cape Division (Metro)
- 31-2 June Junior Miss /Young Women's Fellowship Rally (Northern KZN Division)

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### MISSION STATEMENT OF THE SALVATION ARMY

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by love for God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.



## Never the same again

The General's Easter Message 2013 - By General Linda Bond



Several years ago, when attending a Sunday morning worship service at a Salvation Army corps (church), I heard one of our leaders preach. It was not a typical sermon, in fact it seemed too simple, especially for this seasoned preacher. But his first language was not English so I suppose for this English-speaking congregation, he had to play it safe and not try to be too theological, using words that he was unfamiliar with. He simply told stories about Jesus. It may not have been a sermon that won a best preacher's award but it was one that moved me to tears and remains an unforgettable experience.

Such stories not only make for powerful sermon material but are at the heart of Christian music. The Salvation Army like most of the Christian churches loves to sing what it believes. Stories about Jesus, put to music, are forever etched in our memories. As we sing them we are called again and again to reflect on him, his life, death, resurrection and what this all means to us today.

One line of an Easter song keeps playing in my mind: 'Alone on the road, oppressed by my load, Jesus himself drew near and walked with me.' This line captures the event recorded in Luke's Gospel (Luke 24) and it also speaks powerfully to us today. The story is of two followers of Jesus returning home after his crucifixion, with their hopes dashed. The horror of the crucifixion was enough to shatter anyone, but when it happened to one you loved, one who was innocent, not only innocent but absolutely perfect in your eyes, then how could you put it all together? Their grief was compounded by the fact that they had believed Jesus was their Messiah, the hope for their world. The light for which they had waited for so long was now snuffed out. Everything was darkness and despair. They were overcome and overwhelmed, blinded by this ghastly and unexpected reversal.

Perhaps for many reading this article, this Christian story does not make sense: God loved us so much that he sent his Son to

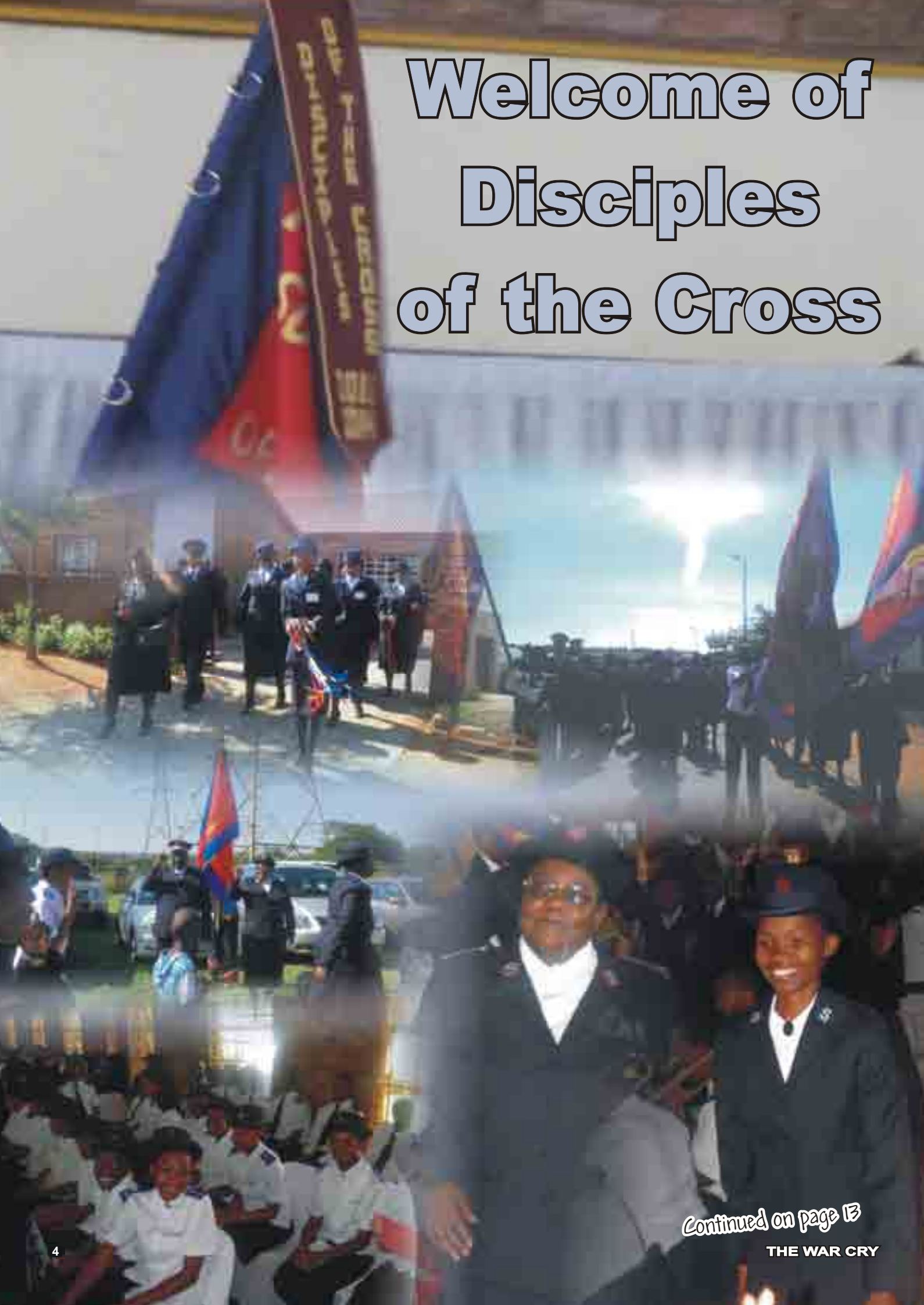
earth. Jesus comes in flesh as the babe in the manger, lives an exemplary life, healing, preaching, performing miracles. Then he dies the criminal's death, takes our sin upon him and breaks its power by his sacrifice. Through him a relationship is restored with God and through him we can know forgiveness, freedom and life to the full. And maybe the biggest stretch is this belief that he rose to life again and appeared bodily, to his followers. No ghost or apparition but a real live Jesus! Please don't dismiss these facts as either fanciful or irrelevant. Just for this moment, hold on to them as truth, real Truth. Not fiction but facts.

Now here in Luke's story is the Lord, the Saviour of the world, the resurrected Jesus, taking time to walk down a lonely road with two shattered people, to open their eyes, to give them cause to hope again. This same living Jesus spans the ages. He walks your path today, hoping only that you will open your eyes to see him, your ears to hear him and your heart to receive him.

That song's phrase 'alone on the road, oppressed by my load' may be describing you today. 'Aloneness' is not numerical. If I am by myself, then I am alone. No, you and I know of times when we were surrounded by people and felt an 'aloneness', an emptiness that all the human bodies in the world could not fill. The weight on our shoulders, the burdens we were carrying seemed to separate us from the smiles and light-hearted fellowship experienced by others. Perhaps illness, financial worries, family concerns, addictions, failure, or even limitations imposed by others contributed to dreams unfulfilled. Maybe we have felt deluded by life and by people.

Friend, Easter is about life, life with its tragedies and triumphs. Despair need never be an option. You don't need to be a theologian to understand Jesus. Let his story be your story, Jesus himself is with you. He draws near as the song says. Not at a distance, shaming you for your depression or your limited expectations. Not at all! He died for you, and believes in you. He wants you to believe in him, to see him as the Constant Companion, your Saviour. Don't take my word for it. Take his - and life will never be the same again.

# Welcome of Disciples of the Cross



*Continued on page 13*

THE WAR CRY

TC Talk - By Commissioner William Langa



**G**reetings in Jesus as we celebrate Easter!

Not long before Jesus went to the cross, he asked his disciples who people were saying he was. Their reply included: John the Baptist, Elijah the prophet. He continued to ask them who they thought he was. Peter's affirmation, "You are the Christ" showed that the disciples understood their mission.

*One army - one mission - one message - who do people today say I am?*

We read in John's gospel who Jesus is. There is connection between Him and man. Reflected in Territorial theme: "Connecting people with the Gospel"

As we read the gospel of John 1:1-5, verse 4 states: "in Him was life and that life was the light of all people." This illustrates spiritual truth. The central message of this scripture is: eternal life comes by believing that Jesus is the son of God and Saviour of human kind. The word, the life, the light, the son, truth, witness, power to become, born of God - here life means lasting spiritual life.

Jesus brings the blazing light which is who Jesus is.  
Christ is the King of Glory.

He is the King of Glory.

Christ the victor over satan and death.

He is Lord of hosts, but the risen

Christ appears to his Disciples to

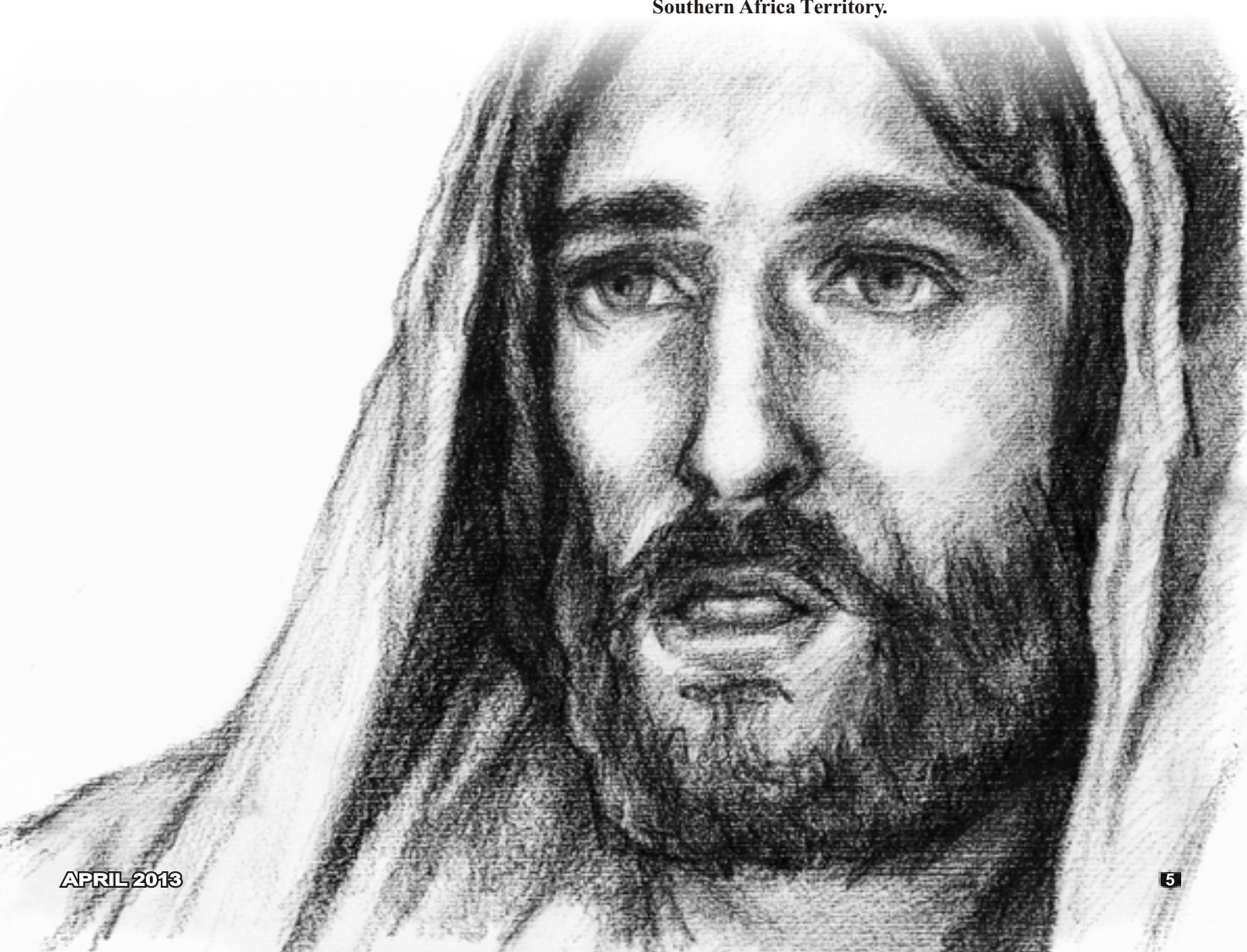
look at Him and to touch Him.

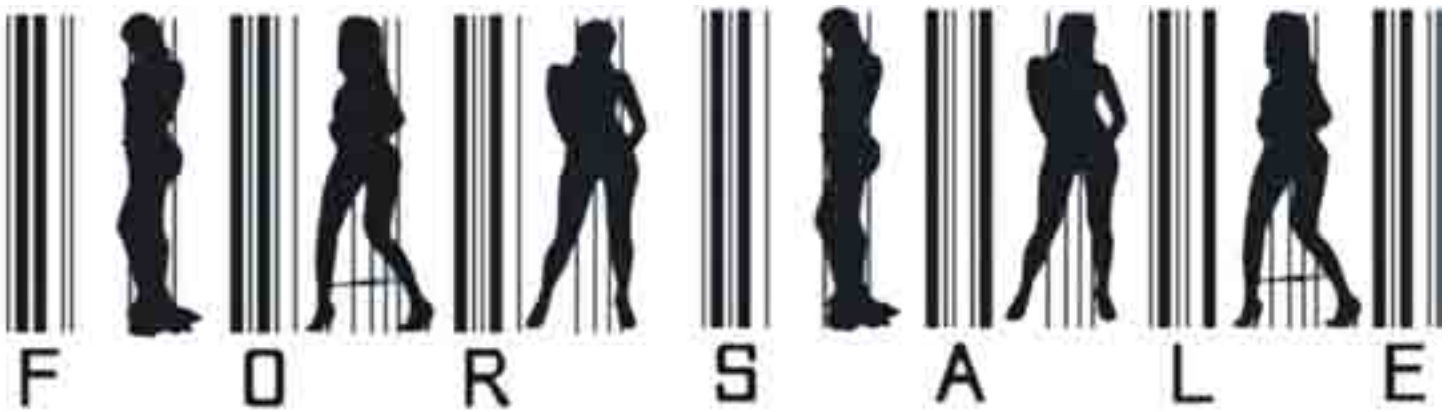
He is still the same even today.

*No more we doubt thee, glorius prince of life,  
Life is naught with out thee, aid us in thy strife,  
Make us more than conquerors, through thy deathless love.  
Bring us safe through Jordan.  
To Thy home above.*

In conclusion, as we read John's gospel and rely on the spirit guidance we will realise afresh Christ is our hope and future and in him is life.

**William Langa**  
**Commissioner**  
**Territorial Commander**  
**Southern Africa Territory.**





## Lost Things

by Major Margaret Stafford,  
National Co-ordinator for Anti Human Trafficking Board

In the Gospels Jesus tells the story of lost things. He tells the story of a lost sheep. After counting the 99 safely home sheep he begins to search for the one that is lost. When he finds it he carries it home rejoicing.

Then he tells the story of a woman who loses one coin. Again she has 9 safe and sound but the one missing coin causes her great anxiety and she searches until she find it then celebrates with all her neighbours because the one coin that was lost has been found. The last story is how a father anxiously watches out for his lost son. A young man who had everything he ever needed but chose to look out into the world and discover for himself that life is not as great as he thought it would be. He returns home content to be a servant but is welcomed back as a son.

All three stories have a few things in common each story has the account of the “safe know where you are” items and the one lost

item. There were 99 sheep, 9 coins and an older brother. The owner or father could have moved on and not missed the one missing item except in these stories Jesus was teaching about the Father heart of God.

How anxious are you about the “one” that is lost. It could be your brother or sister, uncle or an aunt or even a parent.

I will never forget the day we lost Matthew, my son. He was still very young and we had been to a big church Christmas presentation. I thought he was with his God mom and she thought he was with me. As we left the hall I realised that Matthew was not with us. I cannot express in words the fear I felt at that moment. The overwhelming sense of foreboding, there were too many people; there was no way we were going to find a small, young boy in all of this. I felt physically sick. We rushed back into the auditorium but not before making sure the other three



Another night time open air



Night feeding



Night open air



Faces blurred to protect the privacy of the children

Talks to youth at risk



children we safely standing to one side next to their dad. As we made our way back into the auditorium we saw an information desk and made our way toward that swimming against the constant stream of people leaving the building. I remember crying out to God to help us find this little boy.

When we arrived at the desk we saw him. He was sitting on the desk politely talking to the ladies who were enjoying his company. I was so relieved to see him I just grabbed him and hugged him and he looked at me worried and said “what's wrong mom?” “We lost you”, I replied. “Yes but these ladies found me”, was his innocent reply. The fact that I had lost him was not a factor in his young life. He had been found by someone and he would be ok.

The truth behind our work in the Anti- Human Trafficking world is our anxious hearts over the “one” who is not safe in the kraal or in the drawer or in the home. We want to “rescue the perishing”

we want to storm the forts of darkness because in that fort we could find Annie, a young 19 year old with her entire life still in front of her, who has been trafficked from Limpopo and is forced to walk the streets of Cape Town as a prostitute. She is beaten, starved, abused in so many ways and raped continually.

Or Gillian, from Mozambique, she thought she was coming to work in a restaurant and ends up in a brothel. She left behind her little daughter and every time she steps out of line he captures threaten to take her child. She's the lost one we search for.

We just celebrated a very important public holiday in our country: 'Freedom day'. A day that allowed us to look back on a moment in history when freedom was truly understood by the people of South Africa, but we also have to admit a time when more and more people are finding themselves in bondage to drink, drugs, sex, pornography and many more evil games set up by the Father of Lies.



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number**



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When do people take pills? When they are sick! If they have a headache, they take a headache pill, and a little while later they feel much better. When people have a sore tummy, the doctor will give them a pill that will help their sick body get better. Some people take vitamins, which are pills to keep them healthy. Can you imagine if the people who made medicine could create a pill that could fix anything. Imagine this one pill that could help if you are feeling sad!

Imagine this one pill that could make a lonely person not feel lonely anyone! Imagine a pill that could help someone be forgiven for all the wrong things they have ever done! Imagine a pill that could change someone's life from bad to good! Imagine!!!!

No medicine company could ever make a pill that could do all that! It's impossible! But not for God! He created the **Gos-pill** – yes, the Gospel and this is the

answer for every problem in the world. The Gospel helps lonely people know that they are NEVER alone! God is always with them! The Gospel helps sad people feel better because it reminds them that God is able to make sore hearts better. Most importantly, the Gospel tells the world that God loves us all so much, that He sent His precious Son, Jesus, to earth to die so that we could be forgiven and one day spend forever with God in Heaven. That's sounds much better than any pill you could buy! Especially since the Gospel is free!

Yes! I want to join

# CLUB 1:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Age:  5  6  7  8  9  10  11  12  13

\*Applicants must be between the ages of 5 & 13 years of age.

Birthday: \_\_\_\_\_

Corps/Centre: \_\_\_\_\_

E-mail to [saleditor@hwt.salvationarmy.org](mailto:saleditor@hwt.salvationarmy.org) or write to The editor, PO Box 1028, Johannesburg 2000.

## It's as simple as A-B-C!

# A

Admit that you do wrong things.

# B

Believe that Jesus died for those wrongs that you do.

# C

Call on Jesus to forgive you and be number 1 in your life.

While the Gospel is free ... It didn't come cheap! Use this wreath to follow Jesus' journey to the cross ... and be reminded how much **God loves you!**

\* \* \* \* \*

Jesus  
Is Crucified

"Jesus cried out with a loud voice  
'My God My God, why have  
You forsaken Me?'  
He cried again and yielded  
up His Spirit."  
Matt 27:46-50

Resurrection  
Of Jesus

"He is not here  
for He has risen!"  
Matt 28:6

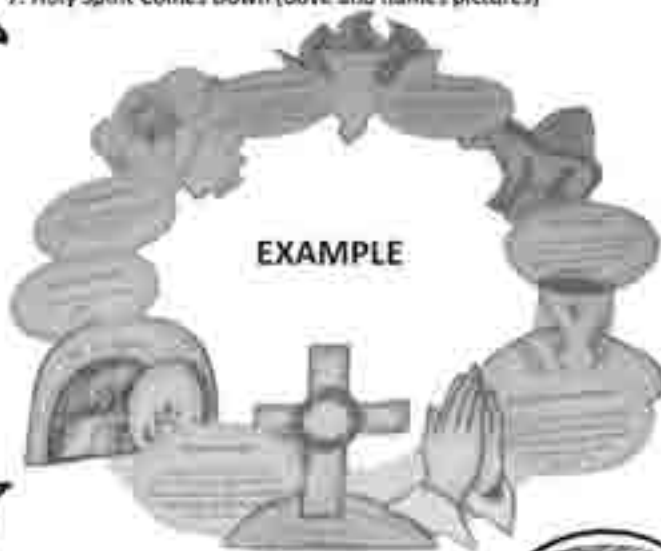
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The  
Ascension  
Of Jesus

"As they were looking on,  
He was lifted up, and a cloud  
took Him out of their sight."  
Acts 1:9

## STEPS TO ASSEMBLE EASTER WREATH

1. Jesus enters Jerusalem (palm branch and donkey pictures)
2. The Last Supper (bread and wine pictures)
3. Jesus Prays in Gethsemane (praying hands picture)
4. Jesus is Crucified (cross picture)
5. Resurrection (empty tomb picture)
6. Ascension (Jesus in clouds picture)
7. Holy Spirit Comes Down (dove and flames pictures)



## Volunteer from the Netherlands spends time at Ethembeni



**D**ear Friends,

*During September, October and November 2012, we were very fortunate to have a volunteer from the Netherlands spend some time here at Ethembeni. This is Debbie's story....*

My name is Debbie Noordijk, I am 23 years old and I am a history student from the Netherlands. When I finished my studies in August 2012, I wanted to do some volunteering overseas, because it was always a dream of mine to work with children in an orphanage. When I came in contact with the administrator, Captain Heather Rossouw and she told me that I could come to volunteer at Ethembeni, I was very excited!

I packed my bags, jumped in the plane (an 11 hour trip) and arrived on the 22nd of September in Johannesburg. Beforehand I thought it would be easy to volunteer at a children's home. How hard could it be? You just feed the babies when they are hungry, change their nappies and play with them. But I was very wrong. Working in a children's home is much harder than people think.

The most difficult part for me of working in a children's home was the emotional aspect. You're experiencing all the sad stories of the children who are brought to the home. Some stories are truly heart breaking. One day a policeman found a baby in a plastic bag on the street. The baby had only a T-shirt on. Another story was that a mother gave her baby to a street vendor and said she had to go to the bathroom. She never returned. I felt really sad when I heard these stories and even more when I held the babies in my arms. They are all such beautiful children. Fortunately there are places like Ethembeni, which receives many children with open arms. I feel very grateful to be a part of that now.

What touched me the most was to experience a funeral at the home. Two little babies of only a few months old, abandoned by their parents, died in the hospital. The service was held in the home and I can tell you that this made a huge impression on me. It was beautiful to see the presence and involvement of the staff of Ethembeni. They prayed and sang songs from their hearts. Despite the sadness it was good to see that these babies received an honourable funeral. So it was a day of mixed feelings. On the one hand I was sad because these babies died so young

and never had a chance. But on the other hand, I am glad that I could contribute to the beautiful funeral of these two little ones.

It is not always difficult to work at Ethembeni. There are plenty of great things I have experienced. For example, I experienced a dedication in The Salvation Army Corps. The babies were dressed in little white dresses and little suits with bows. That was so cute! I felt really special to be there and to help carry the babies in the church. The festive event is something I will never forget.

Furthermore, it is great to see the orphan babies leave with new adoptive parents. Every time this happened, my heart was warmed. I knew that children now have a family and that they were no longer orphaned. That is what Ethembeni is all about. The ultimate goal is to give the children a family. For three months I was part of this home, and I am really proud of that.

Volunteering at Ethembeni brought me so many good things. I have learned a lot about the work I was doing and even more about myself. This kind of work is sometimes very hard, but the feeling you get in return is priceless. I have a huge respect for Captains Heather and Neil Rossouw, who are running this home, and I am very grateful that they gave me the opportunity to come and help them. This was an experience of a lifetime that I always will remember.

*Ethembeni would like to thank Debbie so much for offering up her vacation to help out at our home. Debbie fitted in so well in our lives and filled the gaps whenever we needed her to help out. Ethembeni wishes Debbie well on her studies during 2013. May God continue to bless her!!*

*Article extracted from Ethembeni newsletter*

Faces blurred to protect the privacy of these vulnerable children



## Recipes for Easter

### Roast Leg of Lamb, Cauliflower & Shallots

**M**ake 12 servings, 3-4 oz. Lamb & ½ cup vegetables each.  
**Active time:** 1 hour Total: 2 ½ hours

**To make ahead:** Prepare through Step 3, loosely cover with plastic wrap and refrigerate for up to 1 day.

**Equipment:** Kitchen string

Even though lamb is available year-round, it's traditionally associated with spring. Here we slather this vernal meat with a tarragon-and-parsley rub and roast it with shallots and cool-weather-loving cauliflower. Experiment with coloured varieties of cauliflower to wow guests or try it with romanesco - the striking spiral-covered relative of broccoli and cauliflower.

1 cup fresh tarragon leaves  
 1 cup flat-leaf parsley leaves  
 4 tablespoons extra-virgin olive oil, divided  
 2 table spoons Dijon mustard



2 cloves garlic  
 Zest and juice of 1 lemon, divided  
 2 teaspoons salt, divided  
 1 teaspoon freshly ground pepper  
 1 4- to 4 ½ - pound boneless leg of lamb, trimmed  
 1 pound shallots  
 2 medium heads cauliflower or romanesco  
 1 tablespoon capers, rinsed  
 ½ cup reduced-fat sour cream

1. Preheat oven to 425 degrees F.
2. Place tarragon and parsley in a food processor. Add 2 tablespoons oil, mustard, garlic, lemon zest, 1 teaspoon salt and pepper and process until fairly smooth. Transfer 3 tablespoons of the mixture to a medium bowl; set aside for Step 6.
3. If your lamb is in the oven-safe netted bag used by most supermarkets, remove the bag. Open the lamb so it's flat. Spread three-fourths of the remaining herb mixture over the surface of the lamb. Roll the lamb closed and tie in several spots with kitchen string so its is about the shape of a large football; transfer to a large roasting pan and spread the remaining herb mixture over the top and sides.
4. (If you prepared the recipe to this point the day before, let the lamb stand at room temperature while you prepare the vegetables.) Leaving the root end intact, peel and halve shallots (quartering larger ones). Trim and cut cauliflower (or romanesco) into 2-inch florets. Combine the shallots and cauliflower in a large bowl with the remaining 2 tablespoons oil and 1 teaspoon salt.
5. Roast the lamb in the center of the oven for 20 minutes. Add the vegetable mixture to the pan around the lamb. Continue to roast, stirring the vegetables every 20 minutes or so, until they are golden brown and an instant read thermometer inserted into the thickest part of the meat register 140 degrees F (for medium rare) to 145 degrees F (for medium), 1 hour to 1 hour 20 minutes more. Transfer the lamb to a clean cutting board and let rest for 10 minutes. Stir capers into the vegetables.
6. Add lemon juice and sour cream to the bowl with the reserved herb mixture; stir to combine. Slice the lamb and serve with the vegetables and sauce.

### Roasted Spring Vegetables with Arugula Pesto

**M**ake 8 servings, scant 1 cup each. **Active time:** 15 minutes.  
 Total: 40 minutes

**To make ahead:** Prepare pesto (Step 5); cover and refrigerate for up to 1 week or freeze in an ice cube tray. Transfer frozen freeze in an ice cube tray. Transfer frozen cubes to a sealable plastic bag. Defrost as needed.

These roasted vegetables tossed with arugula pesto are an easy side for a dinner party. Try serving them with a roasted leg of lamb. If you can find beautiful, freshly harvested small carrots, they'll look and taste the best in this dish.

#### Roasted Vegetables

4 cups baby or new potatoes, 1 to 2 inches in diameter, halved or quartered depending on size  
 5 teaspoons extra-virgin olive oil, divided  
 4 cups peeled baby carrots  
 1 bunch asparagus, trimmed and cut into thirds  
 ½ teaspoon salt  
 ½ cup baby arugula for garnish

#### Argugula Pesto

1 clove garlic, peeled  
 5 cups baby arugula  
 ½ cup finely shredded Asiago cheese  
 ¼ cup toasted pine nuts (see Tip)  
 ¼ cup extra-virgin olive oil  
 ¼ teaspoon salt

1. To prepare vegetables: Position rack in upper and lower thirds of oven; preheat to 425 degrees F.
2. Toss potatoes with 2 teaspoons oil in a large lowl and spread on

a large baking sheet. Roast in the lower third of the oven for 5 minutes.

3. Meanwhile, toss carrots with 2 teaspoons oil in the bowl and spread on another large baking sheet. After the potatoes have roasted for 5 minutes, place the carrots in the upper third of the oven and roast potatoes and carrots for 15 minutes.
4. Toss asparagus with the remaining 1 teaspoon oil in the bowl. Add to the pan with the potaties, toss to combine and return to the oven. Continue roasting until all the vegetables are tender and starting to brown, 8 to 10 minutes more.
5. To prepare pest: Meanwhile, drop garlic through the feed tube of food processor with the motor running; process until minced. Stop the machine and add arugula, cheese, pine nuts, ¼ cup oil and ¼ teaspoon salt. Pulse and then process, scraping down the sides as necessary, until the mixture is a smooth paste.
6. Toss the roasted vegetables with 1/3 cup pesto and ½ teaspoon salt in the large bowl (reserve the remaining pesto for another use: refrigerate for up to 1 week or freeze). Transfer to a serving dish and garnish with arugula, if desired.

**Tip:** To toast pine nuts, place in a small dry skillet and cook over medium-low heat, stirring constantly, until fragrant and lightly browned, 2 to 4 minutes.



## “Girl in progress”

**M**y name is \*Refilwe and I am in my twenties. I live somewhere in Mzansi. I am the 1<sup>st</sup> born to a woman who didn't even care about me. I was taken by the Khumalos when I was 18 months old after my mom dumped me with them. I grew up not knowing her in my life. I was like any normal child growing up in a family with both parents.

It was like a dream until everything vanished in my life. The nightmare began when I was 16 years old. I was raped by my uncle, but I kept quiet because I knew that everyone was going to say that I was lying. I felt like this act made a monster out of me. When I was 17 the Khumalos sent me back to my birth mother as I was very out of control. She allowed her boyfriend to abuse me in all sorts of ways. I was stuck. I wanted to go back to the Khumalos, but they could not care for an out of control teenager and so the abuse continued.

When I was 20, I went to Gauteng to go study and try and make a new life for myself. There I met an older man. I thought we were in love. I fell pregnant and gave birth to a little girl. My life was fine until my little girl was about 19 months old. The man then denied that the baby was his and schemed to prove this. There was no one to help me and I began to think that I deserved to receive this treatment. What man would anyway want a girl like me? I was so lost.

There came a point in my life where I just decided to care about no one else but myself. I made my family suffer for the pain they caused me. I made them pay for my mistakes as well. I became a liar, a pretender and my morals became very loose - I slept around a lot. People in my life paid dearly for my pain as there was no family to punish.

My mom got to a point where she said that she would be happy if I was dead as she felt I was so evil. I was in so much pain that I tried to kill myself. My family tried to help me and I saw their love, but I could not trust it again. I tried to get professional help and my life slowly started becoming ok again.

Then I met a man that I thought was the “one”. We were barely 2 months into our relationship when he slept with my “sister” of the family that looked after me. This rocked my world and I let go of everything I knew and went back to my old ways -

I slept around and was such a problem at home that I got kicked out - so much destruction and pain - in one person.

I look back upon my life and realise how much God was looking after me. He has given me a second chance to live my life. I learnt that you should “honour your mother and father” no matter who they are or what they do so that God can add years to your life. I am now a child of God, but I regret so much of what has happened in my life - all the wasted years of anger and bitterness. It is too late for me, but I want to say to young girls out there - don't lose your life to these destructive patterns just because someone took a piece of you through rape or abuse. God helps restore our lives and uses it to bring others hope.

My life is still a process - I am still getting there. I hope that by reading this testimony, that you will turn to God to help you make sense of your tragedy and turn the hurt into a meaningful life.

*\* Names and places changed to protect identity of person*

If you are facing the same situations as Refilwe and you want to tell your story or need help, please write to:  
The Editor, P.O. Box 1018,  
Johannesburg, 2000 or  
E-mail: [SAFEditorial@sasaf.org.za](mailto:SAFEditorial@sasaf.org.za)



# The significance of the symbol of the Cross

By Major Kervin C. Harry



A cross in the shape of the one that Jesus Christ was crucified on is used by Christians of all centuries A.D to symbolise the Christian faith. The Cross - It is surely the most extra-ordinary symbol in the life of the Church

3. A symbol of what Jesus is doing for us in the world.

His saving grace began when He shed His blood for mankind on the Cross. The Cross also symbolises what we could not do for ourselves. Mankind cannot save himself from the wrath to come. The Cross represents the transformation, an enigma of distant history into a matter of great personal portent in every age. Colossians 1:20 (King James Version): "And, having made peace through the blood of his cross, by him to reconcile all things unto himself." This demonstrates God's remarkable love for us. The Cross and its meaning give Christianity its identity over and against other social or religious philosophies....neglect it, exclude it, and we are back to man-centred natural religion, whether in the form of popular folk-religion or liberal churchmanship.

4. That the Cross is also central to authentic Christian experience is also illustrated by Jesus' own words recorded in Mark 8:34 - 'If anyone would come after me, he must deny himself and take up his cross and follow me.' Our Lord's path was one of suffering before he reached his glory. Can we his followers expect therefore to be different?

Jesus is no longer on the Cross or in the grave. He has risen triumphantly. This resurrection symbolises hope to all humanity. Jesus will restore your lost hope, desires, and set you on the right path to eternal life. Let this Easter be the beginning of a new dawn in your life. Accept Jesus as your Lord and Saviour.

## What does the Cross signify?

1. A symbol of the most humiliating and degrading sort of death one could ever have endured in the Roman Empire. It was the worst form of public execution known at the time and reserved for the lowest of the lowest slave or criminal. Cicero called crucifixion 'a most cruel and disgusting punishment.' Yet it was the Cross that was chosen to symbolise the Christian faith - now doesn't that tell us something? Phil 2:8 (NIV) "And being found in appearance as a man, he humbled himself and became obedient to death--even death on a cross!" So His death was to give eternal life to anyone who accepts Him as their Lord and Saviour.
2. A symbol of shame. In Galatians 3:13 (quoting Deut.21:23) Paul says 'cursed is everyone who hangs on a tree'. To a Jew, a crucified (and therefore cursed) Messiah is a horrifying blasphemy. Contrary to all the negativity of the Cross, It is the symbol of Salvation for humanity. What was publicly a disgrace to the world was God's greatest act of salvation. It was not that God was disgusted at the humiliation of His only begotten son; He was! But Christ was not just a third party undergoing what God (unfeelingly) demanded. Christ was God - Col.1:19 'For God was pleased to have all his fullness dwell in him.'

# ABC of Salvation:

## A

Admit you are a sinner.

"There is no one righteous, not even one ... for all have sinned and fall short of the glory of God." Romans 3:10,23. (See Romans 5:8; 6:23.)

Ask God's forgiveness.

"Everyone who calls on the name of the Lord will be saved." Romans 10:13

## B

Believe in Jesus (put your trust in Him) as your only hope of salvation.

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." John 3:16 (See John 14:6.)

Become a child of God by receiving Christ.

"To all who receive him, to those who believed in his name, he gave the right to become children of God." John 1:12 (See Revelation 3:20.)

## C

Confess that Jesus is your Lord.

"If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved." Romans 10:9 (See verse 10.)

**APPOINTMENTS**

*Effective 07 March 2013*

Captain Dumisani Fakude (Central Divisional Youth Secretary) is appointed Corps Officer of Vosloorus Corps in the Central Division, in addition to his present appointment.

Major Siseko Heshu (Witbank Corps) is appointed Divisional Men's Fellowship Secretary in the Central Division, in addition to his present appointment.

Captain Velani Buthelezi (Eastern Cape Divisional Youth Secretary) is appointed Corps Officer of Ibhayi Corps in the Eastern Cape Division, in addition to his present appointment.

Major Xolani Zungu (Catherine Booth Corps) is appointed Eastern Kwazulu-Natal Divisional Men's Fellowship Secretary, in addition to his present appointment.

Captain Vukani Nkosi (Eastern Kwazulu-Natal Divisional Youth Secretary) is appointed Corps Officer of Eshowe Corps in the Eastern Kwazulu-Natal Division, in addition to his present appointment.

Captain Anderson Mbane (Barberton Corps) is appointed Divisional Men's Fellowship Secretary in the Mpumalanga & Swaziland Division, in addition to his present appointment.

Major Reckson Radzilani (Sambandou Corps) is appointed Divisional Men's Fellowship Secretary in the Limpopo Division, in addition to his present appointment.

Captain Hamilton Zulu (Limpopo Divisional Youth Secretary) is appointed Corps Officer of William Eadie Corps in the Limpopo Division, in addition to his present appointment.

Captain Nobonga Zulu (William Eadie Corps) is appointed Divisional Youth Officer in the Limpopo Division, in addition to her present appointment.

Captain Nerine Adams (Beth Shan Centre) is appointed Corps Officer of Pretoria Corps in the Central Division.

Major Vevelyn Tshiyembe (retired) is redeployed as Administrator of Beth Shan Centre in the Central Division.

We would like to thank **Major Ephraim Zondo** who has served as Corps Officer of Vosloorus Corps effective 03 January 2008. Major Ephraim Zondo will be entering full retirement.

**NEW ADDITIONS**

Our congratulations goes out to Lieutenants Moses and Marit Nangwala on the birth of their daughter Hannah Buboto, born on 24 February 2013.

**BEREAVEMENTS**

Envoy Cecilia Stuurman's son was Promoted to Glory in February 2013.

The brother of Major Irene Lotter (R), Tommy Edwards was promoted to glory in March 2013.

The sister of Captain Carl Ngcongco, Anah Sabela was promoted to glory on 11 March 2013.

# Subscription:

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Romans 5:8

"But God demonstrates His own  
love for us in this:



While we were still sinners,  
Christ died for us."